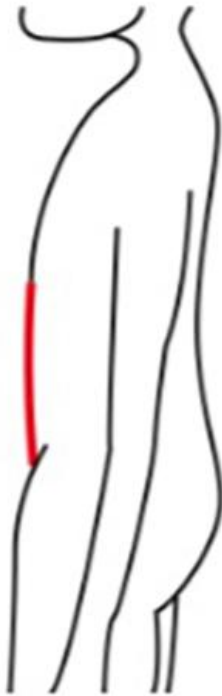


CHOSEN

• **Measurement Guide** •

Posture & Body Type

Stomach



Flat



Typical



Extra

Back



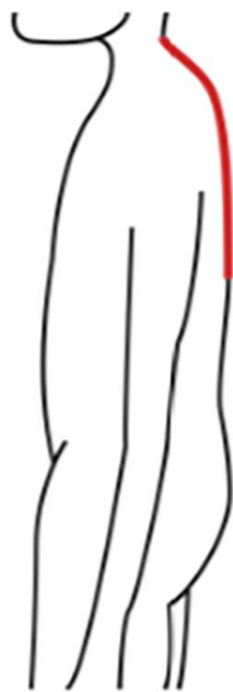
Normal



Hunched



Erect

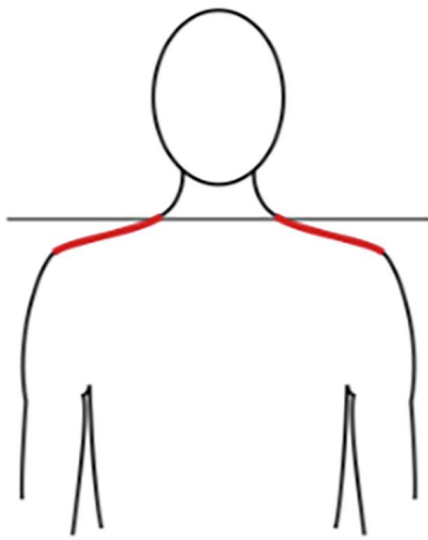


Slight Forward

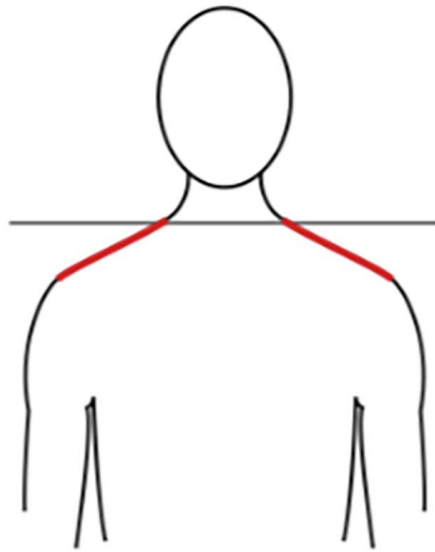


Curved Upper Back

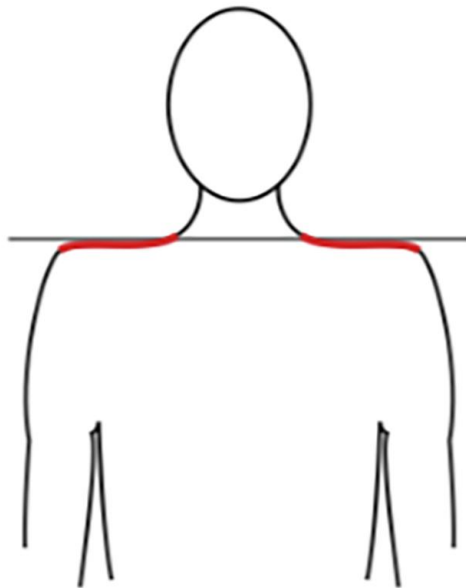
Shoulder



Normal



Sloping



Square

Arm Position



Backward Arms

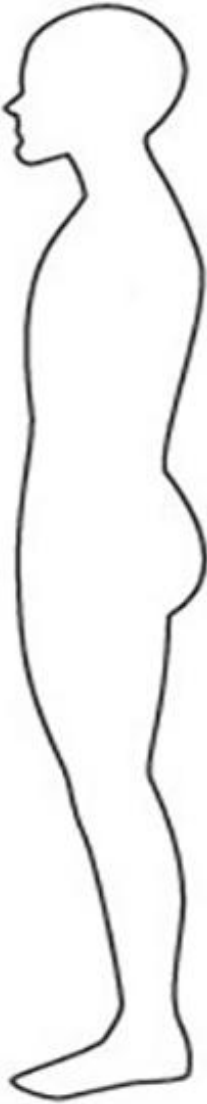


Forward Arms



Normal Arms

Neck Position



Normal



Forward



Backward

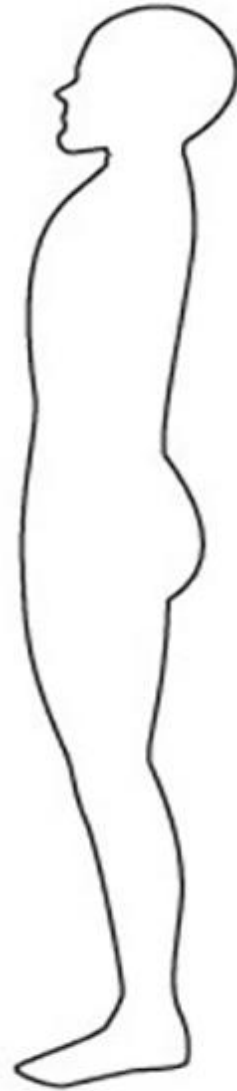
Neck Height



Long



Normal



Short

Measurements

Please wear a form fitting Shirt and pants (No jeans, empty pockets)

Breathe normally

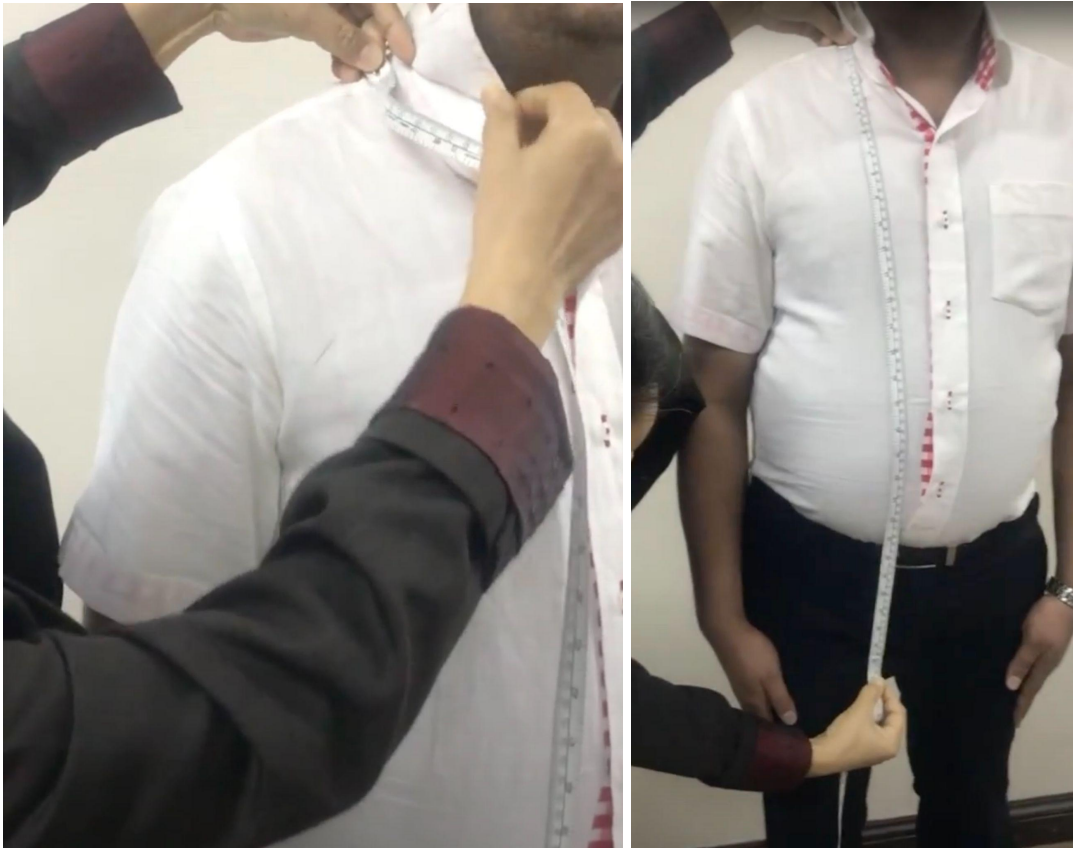
Maintain your usual posture.

When taking measurements the tape should be held flat (not twisted or creased) against the body

Pull the tape snug ut not too tight to the body. Do not add space we wool adjust according to your preferred fit.

Please measure to the nearest 1/4 inch

Jacket Length



Measure from the shoulder seam.
Drape over the stomach down to the desired length
You can also use a jacket with your desired length

Chest



- Measure around the fullest part of the chest. Usually around the nipple.
- Be relaxed and be sure to breathe normally.
- Do not puff out your chest.
- Keep arms down by your side
- Hold the tape against the body well enough so that it doesn't slip down but loose enough to run your fingers underneath.
- Make sure the tape is horizontal.
- Allowances will be made based on fit preference.

Waist



Measure the waist around the widest part
Remain relaxed and do not suck in your gut
Hold the tape against the body well enough so that it doesn't slip down but loose enough to run your fingers underneath.
Make sure the tape is horizontal.
Allowances will be made based on fit preference.

Hips



Make sure pant pockets are empty
Measure at the widest point.
Relax, stand straight with legs together

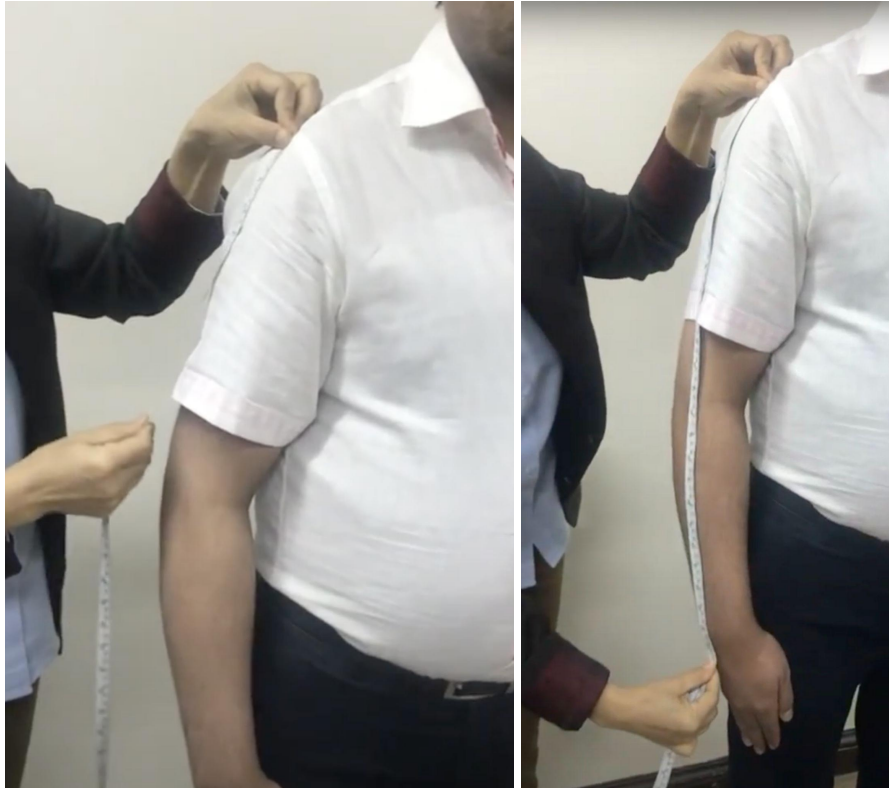
Shoulder



Measure from the tip of the left shoulder
(The Tip- Where the horizontal plane intersects with the vertical plane)
Be sure to maintain your usual shoulder postures. Do not “correct” as it will result in an ill fitting
suit.

You can also measure a well cut suit, seam to seam

Sleeve



Measure from the tip of your shoulder to the desired length. Please keep in mind saving a little extra space for a shirt cuff to extend beyond if desired.

You can also measure a well cut suit.

This will be cut to your exact specifications.

Chest Width



Measure from one armpit to the other.
Do not measure under the arm

Back



Measure from one armpit to the other.
Do not measure under the arm

Neck



Measure around the lower part of the neck where the collar should be, below the adam's apple.

Hold your head straight

Place a finger between the neck and the tape

Bicep



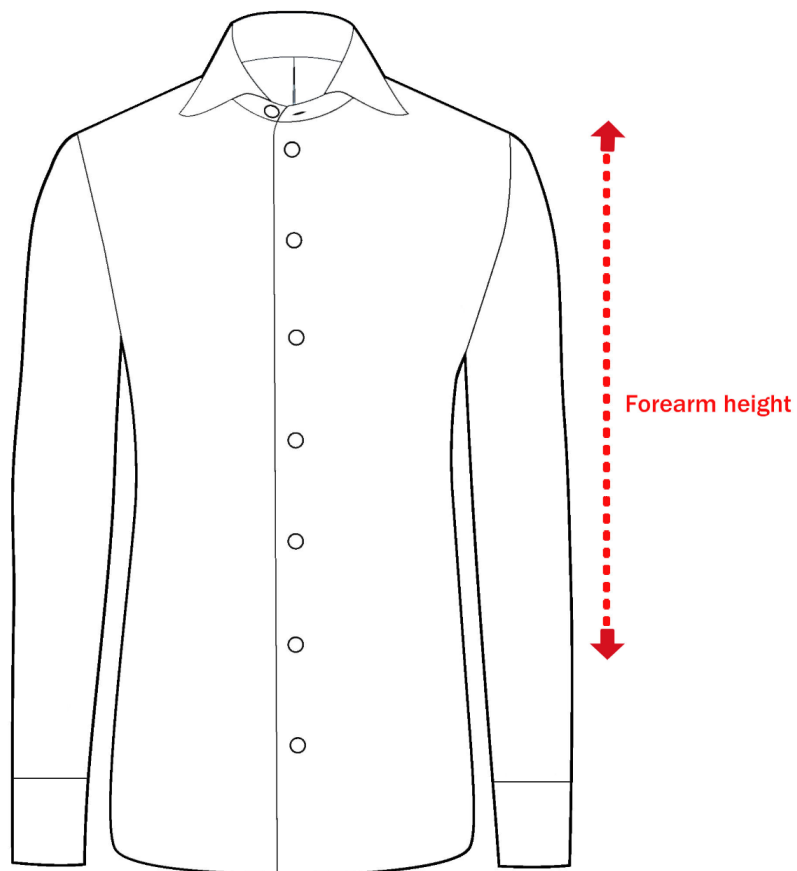
Measure from the tip of the shoulder bone to the widest part of the bicep.
From that point measure the circumference of the bicep.
Pull tape taught but not too tight.

Bicep Height



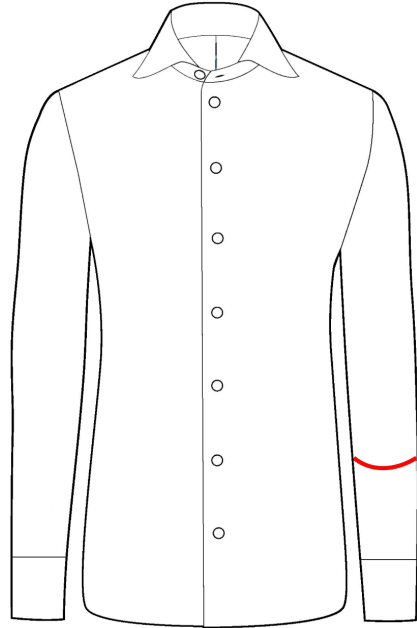
Measure from the tip of the shoulder bone to the widest part of the bicep.

Forearm Hight



Measure down from the tip of the shoulder to the widest part of the forearm.

Forearm



Measure around the widest part of the forearm.
Pull taught with forearm but not too tight.

First Button Height



Measure the front shoulder seam, near the neck down to the center of the torso to the desired length of the first button.

Stand back and look in the mirror and consider proportions.

You can measure an existing well fitting jacket.

This will be cut to your exact specifications

Sleeve Opening



Ideally measure the circumference of a well fitting jacket.
If you don't already have a well fitted jacket or do not have a specific measurement in mind
please choose "Ready"

Pant Waist



Please wear a good pair of pants or none at all if it is an option.

Do not wear jeans as they tend to add too much bulk around the waist

Do not use ready to wear/ Vanity sizes as they do not accurately depict your true waist size

Measure around the level in which you would normally wear your pants belt

Hips



Make sure pockets are empty
Stand straight with feet together
Measure at the widest point of the seat.
Measure exact as allowances will be made based on fitting preference.

Crotch



Measure from the desired waistline in the back to the desired waistline in the front
Keep as loose as desired. Allow space for comfort
This will be cut to exact measurements

Pant Length



Measure from top of waistline to desired length
You can also measure a well fitted pair of pants
Make sure not to look or bend down
This will be cut to your exact measurements

Thigh



Measure from top of waistline to the center of the thigh
At this level measure the thigh.
Measure exact as allowances will be made based on fitting preference.

Thigh Height



Measure from top of waistline to the center of the thigh

Pant Cuff



Wear shoes when taking this measurement

Drape measuring tape around the shoe where you like your pant to fall

Or create a halo of the approximate size if you prefer to allow your socks/ ankles to show

You can also use a pair of well fitting pants by laying them flat, measuring one side then doubling that measurement.

Calf



Measure from the waistband to the widest part of the the calfs
From there measure the circumference.
Give the exact measurements

Calf Height



Measure from the waistband to the widest part of the the calfs